



TRAUMATOLOGY INSTITUTE

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TeleMental Health Introductory Certificate

Course Outline

Become Trauma Informed Today



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Course Outline

TI-601 – TeleMental Health Introductory Certificate

Prepared by
Traumatology Institute
In collaboration with
[TeleMental Health Institute](#)

Course Description:

Have you wondered if you could provide counseling or mental services online or on the phone? Felt you were unprepared to navigate this meaningful way of connecting with your clients? Looking for a starting place that offers insight, answers your questions and offers practical skills as you begin your TeleMental Health practice?

Our TeleMental Health Introductory Certificate Program will provide you with a quick primer for the industry and get you started in establishing secure online meetings with your clients.

Leading TeleMental Health and Trauma Informed Care experts and psychologists, Dr. Marlene Maheu and Dr. Anna Baranowsky, have collaborated to offer you this basic skills development program to begin your work offering care in a secure online platform.

Dr. Maheu is the director of the well-established Tele-behavioral Health Institute (<https://telehealth.org/>) and has been educating professionals in the field to prepare for skilled online service delivery.

Who Would Benefit From Participation:

- This program is for mental health and health care professionals ready to learn to use online system delivery to meet with their patients/clients.

Learning Objectives:

- Definitions such as TeleHealth, TeleMental Health, Online Counseling, Online Therapy, and the “Teles”.
- Recognize consumer demand, the reality of working online and how to prepare for it.
- Learn about the Psychotechnologies in practice today – as well as Principles, Standards & Guidelines to ensure Standards of Care.
- Address licensure issues; Practicing Over State/Province Lines; Check Local Jurisdictions & Services; Disclaimers / Informed Consent.
- Understand HIPAA Compliance; Privacy Protection regulations regarding client contact and sharing of PHI as well as the importance of Encryption.
- Explore the pros and cons of using Social Networking.
- Reflect on the use of Telephones in practice.
- Reflect on the use of Videoconferencing in practice (e.g., Reliability; Insecure systems such as Skype; other methods; production values, etc.).
- Review of Technological Platforms through Practical Checklists.
- Consider reimbursement (i.e., Traditional Hub and Spoke Model; billing options).
- Address your own first steps using our Online Practice Checklist.
- Know about Risk Management – the Online Clinical Practice Model.
- Be familiar with Legal & Ethical issues & risk management.
- Be prepared before you begin your online care services



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Course Evaluation:

Students are required to complete all training components in order to successfully complete this program.

Required Course Reading:

TI-601 – Overview of Mental Health Care Manual.

Disclaimer:

The authors wish to make a clear statement that this manual is only a guide-manual and does not substitute for training and supervised practice necessary to integrate these principles and techniques into practice. The authors have presented the materials found in this manual in a training program offered by TeleMental Health Institute.

We believe that proper training and supervision is required to safely and successfully integrate these powerful techniques into practice with trauma survivors. We offer these principles and techniques based upon the belief that the primary responsibility of the clinician is to *"above all do no harm"*.

While persons suffering with posttraumatic stress have demonstrated their strength and resiliency by having survived some of the most painful and heinous experiences known to mankind, it is possible for the well-intended but untrained therapist to engage in treatment with survivors that can actually re-traumatize their clients. Often this results in failed treatment and rendering future treatment even more difficult and painful for the survivor. Receiving the right training helps you help others



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TI-601 – TeleMental Health Introductory Certificate Contents

TeleMental Health Introductory Certificate

TeleMental Health Introductory Certificate

TI-601 (Version 1)

For information about Traumatology Institute contact:

For more TeleMental Health Institute courses:

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TeleMental Health Introductory Certificate

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Disclaimer

Educational Activities

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What types of Training programs are offered?

Why should I study with the Traumatology Online?

Certificates of Completion & Traumatology Institute Database

International Certification

Lesson 1

Topics Covered

The Obvious

Benefiting Maximally from TMI Courses

A View of the Horizon

Definitions

Consumer Demand

Lesson 2

Topics Covered

The Psychotechnologies in Practice Today

Principles, Standards & Guidelines

Licensure



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Check Local Jurisdictions & Services

Disclaimers / Informed Consent

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Guideline for Practice of Telepsychology

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Topics Covered

Risk Management: Online Clinical Practice Model

Are We There Yet?

Concluding Remarks and You Are Done!

Bibliography

Additional Resource List