



TRAUMATOLOGY INSTITUTE

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Supervision in Clinical Traumatologist

Course Outline

Become Trauma Informed Today



TRAUMATOLOGY INSTITUTE



Course Outline

TI-206 – Supervision in Clinical Traumatologist

Course Description:

Supervision in Clinical Traumatologist offers a forum for participants to practice and demonstrate proficiency in clinical traumatology skills under supervision. The practicum is offered in a format designed to challenge and help participants grow into competent providers of care for traumatized individuals, families, organizations and communities.

Who Would Benefit From Participation:

This course is one component Clinical Intervention Stream and will benefit psychologists, social workers, master's level counselors and other skilled mental health professionals. Participants will enhance their practice specialty in the area of trauma recovery. The courses in this stream are designed to enhance skills development among individuals whose professional activities take them into contact with individuals or groups who have been directly exposed to trauma.

Learning Objectives:

- To practice effective screening, intake & assessment skills with trauma survivors
- To practice competent case management with traumatized clients including recording, report- writing, ancillary services and referral
- Design and implement trauma stabilization and resolution interventions with a focus upon developing mastery in a chosen brief treatment, theory-driven protocol
- Develop and maintain effective treatment trajectories with traumatized individuals utilizing a tri- Phasic model
- Develop and implement outcome measurements for working with clients to assess efficacy
- Develop action plans to address biases, blind spots and deficiencies discovered in the supervision process
- Develop strong skills in maintaining non-anxious presence; become increasingly intentional and less reactive.

Course Evaluation:

Students are required to complete all training components in order to successfully complete this program

Required Course Reading:

Supervision in Clinical Traumatologist (Manual for Course TI-206).

TI-206 – Supervision in Clinical Traumatologist Contents

Unit I – Overview

- Learning Objectives & Goal Statement
- Mission Statement
- PTSD Diagnosis and Treatment for Mental Health Clinicians (Friedman, M.D., Ph.D.)
- Exam I

Unit II -- Self-Of-The-Therapist & Therapeutic Alliance

- Self-Of-The-Therapist
- Ten Key Capacities of the Real Self
- DIFFSU
- Non-Anxious Journal
- Self-Soothing (Anxiety Reduction) Skills
- Therapeutic Alliance

Unit III -- Intake & Assessment

- Pre-session Ritual
- Intake
- Psychotraumatology Evaluation
- Case Presentations – Intake
- Case Presentations – Assessment
- Case Presentations -- Reports

Unit IV -- Treatment – The Tri-Phasic Model

- The Tri-Phasic Model: Judith Herman

Unit IV -- Self-Care – PATHWAYS for Resiliency & Prevention

- Pathways
- Contract for Mastery Plan