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# **Clinical Standards of Trauma Care: Attachment, Systems & Context**

## **Course Outline**

**Become Trauma Informed Today**



## Course Outline

### TI-203 – Clinical Standards of Trauma Care: Attachment, Systems & Context

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#### Course Description:

Clinical Standards of Trauma Care course goal is to train the Traumatologist to develop an understanding of the practical applications of the traumatology skills, research, and theory among individuals and communities grossly affected by trauma. The program examines age, gender, race, culture, social class, systemic issues, community standards of care, and other factors that are important in designing and implementing a program that fits client needs with appropriate treatment.

#### Who Would Benefit From Participation:

This course will benefit psychologists, social workers, master's level counselors and other skilled mental health professionals who work with trauma survivors or wish to gain skills to do so. Participants will enhance their practice specialty in the area of trauma recovery.

#### Learning Objectives:

- Attachment & Development
- The legacy of Traumatized children
- Treatment of Traumatized Children
- Understand family systems relative to traumatic stress and be able to provide systemic interventions with entire traumatized family and/or other system(s)
- Making Trauma Work Systemically
- Cross Cultural Competencies & Standards of Care for Traumatologist
- Identify various trauma responses among different cultural, racial, gender, age, groups and communities
- Developing awareness of own and other's cultural values and framework

#### Course Evaluation:

Students are required to complete all training components in order to successfully complete this program

#### Required Course Reading:

Clinical Standards of Trauma Care: Attachment, Systems & Context (Manual for Course TI-203).

## **TI-203 – Clinical Standards of Trauma Care: Attachment, Systems & Context Contents**

### **Unit I -- Course Outline -- Introduction**

### **Unit II -- Review 202 (PTSD)**

### **Unit III -- Attachment & Development**

- “Good Enough” (Normal) Parenting & Secure Attachment
- Problematic Attachment Styles (Anxious, Avoidant/Distorted)
- Effect of Trauma of Attachment

### **Unit IV -- The Traumatized Child**

- The Legacy
- Tools Children use to diminish traumatic anxiety
- Assessment & Identification
- Risk Factors
- Abused Child Grows Up
- Resiliency Factors

### **Unit V -- Treatment of Traumatized Children**

- Guidelines for Evaluation & Treatment Planning
- Critical Aspects of Treatment
- Therapist’s Responses to Children’s Experiences
- Traumagenic States to Be Considered in Treatment Planning

### **Unit VI -- Trauma & Aging**

- Developmental Tasks & Recovery Process
- Key Concepts
- A Narrative Exercise: My Life Story

### **Unit VII -- Systemic Traumatology**

- Assumptions about the Family
- Key Concepts

### **Unit VIII -- Helping Traumatized Families**

- How Families Cope with Trauma
- Functional Family Coping
- Traumagram: A Systemic Exercise
- Family Empowerment Therapy (FET)

### **Unit IX -- Making Trauma Work Systemic – A Protocol**

- Self-of-Therapist
- Therapeutic Stance

### **Unit X -- Culture & Trauma**

- PTSD in Cultural Perspective
- Key Concepts

### **Unit XI -- Cross Cultural Competencies: A Conceptual Framework**

- Counselor Awareness of Own Cultural Values & Biases
- Counselor Awareness of Client’s World View
- Culturally Appropriate Interventions
- Cross Cultural Competencies: Exercise

### **Unit XII -- Standards of Care for Traumatologists – Ethical Guidelines**