



TRAUMATOLOGY INSTITUTE

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# Supervision in Community & Workplace Traumatologist

## Course Outline

**Become Trauma Informed Today**



TRAUMATOLOGY INSTITUTE

# Course Outline

## TI-106 – Supervision in Community & Workplace Traumatologist

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### Course Description:

Supervision in Community & Workplace Traumatologist Course is designed to operationalize the skills and information that students have acquired during the previous curriculum components. The course is offered in a format designed to challenge and help participants grow into competent providers of care for traumatized individuals, families, organizations and communities.

### Course Goals:

In this course, students will learn to integrate learning and demonstrate practical application. Direct feedback is provided on their required course submissions in order to evaluate the level of learning and integration achieved

### Who Would Benefit From Participation:

Supervision in Community & Workplace Traumatologist Course is designed to enhance skills development among individuals whose work, volunteer or personal activities take them into contact with individuals or groups who have been directly exposed to trauma. No special requirements or degrees are necessary for this entry-level training stream.

### Learning Objectives:

- Recognize when to refer and when to provide support as a Community & Workplace Traumatologist.
- Practice effective screening, evaluation and referral skills with traumatized individuals, families and groups.
- Address with client comprehensive, measurable and reality-based intervention plans attending to both trauma stabilization and referral.
- Design and implement trauma response, stabilization and referral interventions with a focus upon appropriate care to fit the individual and situation.
- Practice competent case management with the traumatized clients you serve including recording, report-writing, ancillary services and referral.
- Re-enforce learning and integrate ethical standards of Traumatology practice.
- Develop and implement outcome measurements.
- Develop strong skills in maintaining a NON-ANXIOUS PRESENCE; becoming increasingly intentional and less reactive in the interventional theatre.
- Participate in on-going supervision during which the student is expected to address their own difficulties working with traumatized individuals as well as developing strategies for circumventing secondary traumatization and compassion fatigue.
- Develop action plans to address biases, blind spots and deficiencies discovered in the supervision process.

### Course Evaluation:

Students are required to complete all training components in order to successfully complete this program

### Required Course Reading:

TI-106 Supervision in Community & Workplace Traumatologist Manual.

## **TI-106 – Supervision in Community & Workplace Traumatologist Contents**

### **Part I: Course Outline & Overview**

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1. Overview, Goals
2. Traumatology Institute Training Philosophy
3. Learning Objectives
4. CWT Goal Statement and Professional Mission Statement
5. TI CWT Application for Certificate of Completion
6. Code of Ethics
7. After Trauma from Impact to Recovery - WEBINAR link and details

### **Part II: Self-of-the-CWT and Trauma Care Alliance**

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1. Self-of-the-CWT (Helper)
2. Self-Compassion Skill Building
3. Ten Key Capacities of the Self
4. DIFFSU
5. Non-Anxious Journal
6. Self-Soothing (Anxiety Reduction) Skills
7. Trauma Care Alliance
8. The Empathy Scale (Burns, 1988)

### **Part III: Intake & Evaluation**

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1. Pre-Meeting Ritual
2. Intake
3. Gather Information
4. Traumagram

### **Part IV: Treatment – The Tri-Phasic Model**

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1. Tri-Phasic Model – Judith Herman
2. Safety Net Plan
3. Managing Dissociative Regression
4. Stabilization Plans
5. Stabilization Schedule
6. Group Program Template

### **Part V: Self-Care – Pathways for Resiliency & Prevention**

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1. Pathways
2. Contract for Mastery Plan

### **Appendix I: The Empathy Scale (Burns, 1988)**

### **Appendix II: Assignment Outline**

### **Appendix III: Informed Consent**