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# Standards of CWT Trauma Care: Attachment, Systems & Context

## Course Outline

**Become Trauma Informed Today**



## Course Outline

### TI-103 – Standards of CWT Trauma Care: Attachment, Systems & Context

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#### Course Description:

Individual client histories contribute to a large part of the clients' identities. This course will help students begin their inquiry into a client's background in order to responsibly attend to the individual's sensitivities.

#### Course Goals:

At the end of this course, students will be able to know the factors influencing trauma response and recovery in each client (e.g. age, gender, race, culture, social class). This course addresses the social work and case management associated with providing the best fit between appropriate treatment and individual need.

#### Who Would Benefit From Participation:

TI-103 Standards of CWT Care: Attachment, Systems & Context Course will benefit professionals, paraprofessionals, and volunteers who work with trauma survivors or wish to gain skills to do so. The courses in this certification stream are designed to enhance skills development among individuals whose work, volunteer or personal activities take them into contact with individuals or groups who have been directly exposed to trauma

#### Learning Objectives:

- Overview history and treatment approaches associated with post-trauma responses and disorders.
- Learn about attachment & development.
- Signs and symptoms of trauma in children and the legacy of traumatized children.
- How to respond to the Traumatized child.
- Understand the impact of family systems and how to make trauma interventions work in a system.
- Meaningfully respond to Traumatized families.
- Develop cross cultural competencies and awareness of own and others culture values/framework.
- Recognize differences in responses among cultural, racial, gender, age, group and communities.
- Apply ethical standards of care for Traumatologists.

#### Course Evaluation:

Students are required to complete all training components in order to successfully complete this program

#### Required Course Reading:

TI-103 Standards of CWT Trauma Care: Attachment, Systems & Context Course Manual

## TI-103 – Standards of CWT Trauma Care: Attachment, Systems & Context Contents

<p><b>Section I: Course Outline</b></p> <ul style="list-style-type: none"> <li>• Program Instruction Philosophy and the Traumatology Institute (Canada)</li> <li>• Training &amp; Learning Goals</li> </ul>
<p><b>Section II: Review 102</b></p> <ul style="list-style-type: none"> <li>• PTSD overview</li> <li>• Trauma Informed Care</li> </ul>
<p><b>Section III: Attachment &amp; Development</b></p> <ul style="list-style-type: none"> <li>• Secure attachment Style and “Good Enough Parenting”</li> <li>• Insecure attachment styles</li> <li>• Evaluating attachment in the community</li> </ul>
<p><b>Section IV: The Traumatized Child</b></p> <ul style="list-style-type: none"> <li>• Signs and Symptoms of trauma in preschool, elementary, middle, high school children</li> <li>• The Legacy</li> <li>• Risk Factors</li> <li>• Abused children grows up</li> <li>• Resiliency Factors</li> <li>• ACE Study</li> </ul>
<p><b>Section V: Helping Traumatized Children Heal</b></p> <ul style="list-style-type: none"> <li>• 5 Steps of Client Contact</li> <li>• Help after traumatic event</li> <li>• Activities to restore Safety</li> <li>• Finding Recourses</li> <li>• Help with specific problems</li> <li>• Treatment of Traumatized Children</li> <li>• Overview of Trauma resolution strategies and approaches</li> </ul>
<p><b>Section VI: Trauma &amp; Aging</b></p> <ul style="list-style-type: none"> <li>• Developmental Tasks and Recovery Process</li> <li>• Key Concepts</li> <li>• A Narrative Exercise: My Life Story</li> </ul>
<p><b>Section VII: Systemic Traumatology</b></p> <ul style="list-style-type: none"> <li>• Family Systems and Assumptions about the Family</li> <li>• Key Concepts</li> <li>• Exercise: Feel Heard and Understood, Relationship mastery technique.</li> </ul>
<p><b>Section VIII: Helping Traumatized Families</b></p> <ul style="list-style-type: none"> <li>• How Families Cope with Trauma</li> <li>• Functional Family Coping</li> <li>• Traumagram: A Systemic Exercise</li> </ul>



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<b>Section IX: Making Trauma Work Systemic – A Protocol</b> <ul style="list-style-type: none"><li>• Self-of-Traumatologist</li><li>• Therapeutic Stance</li></ul>
<b>Section X: Culture &amp; Trauma</b> <ul style="list-style-type: none"><li>• PTSD in Cultural Perspective</li><li>• Key Concepts</li></ul>
<b>Section XI: Cross Cultural Competencies: A Conceptual Framework</b> <ul style="list-style-type: none"><li>• Traumatologist Awareness of Own Cultural Values &amp; Biases</li><li>• Traumatologist Awareness of Client’s World View</li><li>• Culturally Appropriate Interventions</li><li>• Cross Cultural Competencies: Exercise</li></ul>
<b>Section XII: Standards of Care for Traumatologist – Ethical Guidelines</b>
<b>Section XIII: References</b>