



TRAUMATOLOGY INSTITUTE

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Trauma Evaluation & Community Resources

Course Outline

Become Trauma Informed Today



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Course Outline

TI-102 – Trauma Evaluation & Community Resources

Course Description:

In order to help trauma survivors effectively, Community & Workplace Traumatologists must be knowledgeable about the different types of traumas, treatment methods and the community resources available in order to convey this information to the trauma survivor. This course will cover the foundational knowledge of psychological trauma and community resources needed for effective case management work.

Course Goals:

This course addresses an overview of effective approaches for trauma recovery and identifying posttrauma warning signs. Students will review the history, theory and treatment methods associated with traumatic stress disorders. Skills building will focus on networking for self and clients, case conferencing, consulting, advocacy, as well as making referrals and identifying useful community resources.

Who Would Benefit From Participation:

TI-102 Trauma Evaluation & Community Resources Course will benefit professionals, paraprofessionals, and volunteers who work with trauma survivors or wish to gain skills to do so. The courses in this certification stream are designed to enhance skills development among individuals whose work, volunteer or personal activities take them into contact with individuals or groups who have been directly exposed to trauma.

Learning Objectives:

At the completion of this course, participants will be able to:

- Overview history, theory and treatment methods associated with traumatic stress disorders.
- Increase knowledge of types of evaluation and treatments available for stress reactions.
- Identify the major symptoms of acute and chronic post-traumatic stress disorders.
- Access community resources, case-conferencing, consultation and advocacy.
- Understand phase-oriented treatment with trauma survivors.
- Discuss how the helper may effectively employ the “self” as a helping instrument

Course Evaluation:

Students are required to complete all training components in order to successfully complete this program.

Required Course Reading:

TI-102 Trauma Evaluation & Community Resources course Manual

TI-102 – Trauma Evaluation & Community Resources Contents

<p>Unit I - Training & Learning Goals – Introduction</p> <ul style="list-style-type: none"> ◆ My Goals
<p>Unit II - Review of T1001</p> <ul style="list-style-type: none"> ◆ Diagnostic Criteria for PTSD ◆ Complex PTSD ◆ Glossary of Terms ◆ Neuropsychobiology of Trauma ◆ Continuum of Post Trauma Responses ◆ Review & Exploration of Trauma Impact ◆ Reacting to Trauma: Signs & Symptoms ◆ Additional Delayed Reactions ◆ Three Major Factors that Impact the Severity of Reactions to Trauma
<p>Unit III - Evaluation & Resource Referral</p> <ul style="list-style-type: none"> ◆ Intake and Evaluation: Pre-Meeting Ritual ◆ Intake ◆ Helpful Information ◆ Functional Evaluation ◆ Global Check Set ◆ Global Check Set – Scoring ◆ Trauma Response Checklist ◆ Trauma Response Checklist – Scoring ◆ Community & Workplace Resource Template ◆ Sample C & W Resource List ◆ Community & Workplace Incident Evaluation Kit Contents <ul style="list-style-type: none"> ▪ Incident Type Form – Form 1 ▪ Incident Action Task Key – Form 2 ▪ Incident Communication & Action Plan – Form 3 ▪ Incident Record Form – Form 4 ▪ Needs Assessment Form – Form 5 ▪ Coping Guide – Form 6 ▪ At Risk Behavior Checklist – Form 7 ▪ My Trauma Response Checklist – Form 8 ▪ Scoring Key for “My Trauma Response Checklist” ▪ Incident Follow-Up Form – Form 9 ◆ Traumatology Institute Interview Template
<p>Unit IV - Tri-Phasic Model: Safety</p> <ul style="list-style-type: none"> ◆ What is Safety ◆ Safety Net Plan ◆ Stabilization Plans Following Dissociative Regression ◆ Stabilization Schedule following Dissociative Regression

TI-102 – Trauma Evaluation & Community Resources Contents

Unit V - Tri-Phasic Model: Treatment – Trauma Care that Helps

- ◆ Overview of Treatments (1)
- ◆ Cognitive Behavioural Therapy
- ◆ Eye Movement Desensitization & Reprocessing
- ◆ Active Ingredients to Trauma Treatment
- ◆ PTSD Coach Smartphone App
- ◆ Trauma Treatment Online Coach Web-based Application
- ◆ Overview of Treatments (2-6)

Unit VI – Helper Responses to Trauma Work

- ◆ Traumatologist Responses to Trauma Work
 - ◆ Emotional preparedness for trauma work
 - ◆ Acclimatization of listening skills
 - ◆ Identification of the trauma history
 - ◆ The therapeutic environment

Bibliography: On-Line Resources & Recommended Reading